



PLAYERS CODE OF CONDUCT

- Recognise and appreciate the efforts of the committee, coaches, match officials, parents, and fellow players.
- Understand and value the loyalty and commitment of adults and teammates
- Communicate your availability to Captain and Coaches.
- Encourage all players and do not enter into any type of abuse either on the pitch or off the pitch.
- Inform a coach, adult or club official of any unacceptable treatment/abuse.
- Set a good example by recognizing fair play and applauding the good performances of all.
- Play rugby for enjoyment, and because you want to.
- Publicly accept officials' judgements.
- Be attentive and work hard at training and coaching sessions.
- Be aware of your surroundings and adjust your language accordingly.
- Ensure any injury pre-training/match is reported immediately to the coach.
- Be a sportsman and win with dignity, and lose with grace.
- Follow and accept the rules of the game, do not question the referee's decision – discuss it later with the coach.
- Control your emotions and do not verbally or physically abuse players, referees, parents, or officials.
- Do not bring the game of rugby into disrepute or disciplinary action may follow.
- Remember – **TEAM** on and off the field.