



Leith Athletic – Player Code of Conduct

As a player I will –

- **Listen to the coaches and respond appropriately.**
 - When coaches are speaking, please don't talk to your mates or talk over the coach.
 - Fully listen in when coaches are instructing or demonstrating to fully understand drills/instructions.
 - Please do not mess around between drills if the coach asks you to have a water break, get your water and then come back to the coach for the next drill/instruction.
 - Stop kicking balls into the goals unless it is part of the drill/game. Anyone who does do this especially at the start of the session or during the session will just be asked to go home as it is disruptive. Please get in to a small/big rondo and get moving that way in a part of the pitch.

- **Always play or train to the best of my ability.**
 - Always work your hardest for the team, leave nothing on the pitch whether that is training or a game.

- **Respect my team-mates, coaches, and officials.**
 - Respect the decisions of the referee, there is no game without them and they won't change their mind.
 - Be positive at all times towards my teammates, providing encouragement when they make a mistake.
 - If you are subbed, don't go in a huff as this is disrespectful to your coach and your teammates. If there is an issue with being SUB speak to your coach if they have not already spoken to you.
 - Always respect the opposition, even in defeat. Shake hands with all their players and officials. Win together, lose together.
 - Never post anything inappropriate or threatening on social media about your own teammates/ coaches or our opponents.



- **Respect the venues and equipment used.**
 - Please don't come into the training pitch until the coach asks you to as there can be other team sessions running when we arrive.
 - If you kick a ball away, go and get it.
 - Take any rubbish that you have or any kit away with you. Rather than leaving it at the side for the coaches to pick up.
 - Be aware of the age groups training around us and the language we use.

I understand that if I do not then I may be asked to –

- Apologise to my team-mates, coaches, or officials.
- Sit out during training.
- Be suspended from training.
- Be dropped from games.
- Have a meeting with my parents and coach to discuss behaviours.
- Be asked to leave the club.